

WHAT'S NEXT?

Welcome to your Next Chapter



THE NEXT CHAPTER

Welcome to the Next Chapter. I'm so glad you could make it!

The Next Chapter is here to support you in your non financial retirement planning.

Life is a series of transitions – we move from kindergarten to school, to university or work, we have relationships, we leave relationships, we move houses or cities. Transitions are inevitable. One of the significant life transitions we have is the move from full time work to something different.

What is that 'something different'? The Next Chapter is a transformative framework to guide your planning for what the 'something different' looks like for you, understanding your starting point, developing compelling goals and ensuring you are living your Next Chapter to the fullest.

We'd love to talk more about retirement, transitions and planning. Please get in touch
whatsnext@thenextchapter.nz.

HOW CAN WE WORK TOGETHER?

Collaboration

1:1 sessions working through the 7 F's framework

Organisations

Team sessions 2 hours - 1 day
Transition planning support for HR teams

Online programme

Online next chapter programme

Join the waitlist now - whatsnext@thenextchapter.nz

BESPIREMENT



"YOU HAVE BRAINS IN
YOUR HEAD. YOU
HAVE FEET IN YOUR
SHOES. YOU CAN
STEER YOURSELF ANY
DIRECTION YOU
CHOOSE." ~ DR.
SEUSS

Bespirement? Is that a made up word? YES. Totally. 100%. And I'm not ashamed to admit it. I'm also going to shamelessly keep on using it.

Why, you ask, would you go against the great Oxford English Dictionary!

Because it's time, it really is.

We're living in the most privileged time in history. It may not feel that way but we have longer life expectancies, more resources and more choice than at any other point in time. However, sometimes our freedom to change is constrained by our old ways of thinking.

This is particularly true when it comes to retirement. Close your eyes and think about what a retired person looks like to you. Even if you try really hard I'm sure there will be a small glimmer of grey, a few wrinkles and maybe a rocking chair or a cardigan in there somewhere.

I've received feedback from those who have both retired early and at the traditional age and they hear 'you can't be retired, you're too young' and 'but what do you do all day'. It's time to change the rhetoric. It's time to start the conversation that being 'young' or 'old', retired or not is not about labels but mindset and we need to challenge the 'ism' that is ageism.

We have the opportunity to choose how we live each chapter of our lives and that means removing outdated notions of what 'retirement' should look like.

Bespirement here at The Next Chapter is the opportunity to choose your own life, design it how you'd like it to be and then live it at whatever age or stage you're at. You don't need to wait until traditional retirement age to retire, take up new interests, change your lifestyle, or give up 9-5 work. You choose your own inspiring bespirement. There are many different ways of living your life and you have the opportunity to choose what that is.

Check out the case studies on www.thenextchapter.nz for some bespirement inspiration. If you are inspired then get in touch and we can talk about how our 7 F's framework can help explore areas like how you'll spend your time, what work looks like for you, how you will make connections so you make the successful transition to your next chapter.

'There are so many different ways of living your life and you have the opportunity to choose what that is.'